REFRAME THE BEHAVIOUR

"KIDS DO WELL IF THEY CAN"
~ ROSS GREENE

WON'T → CAN'T

- Judgemental
- Willful
- Defiant

ADULT'S MINDSET

- Curious
- Too many stressors
- Skills deficits

VIEW OF CHILD

- He's lazy
- She just wants attention... rude!

THOUGHTS

- Rewards & punishments

RESPONSE

- What's getting in their way?
- How can I help?

CHILD'S EXPERIENCE

- Frustration
- Guilt/shame

- Supported
- Strengthened

“SEE A CHILD DIFFERENTLY, YOU SEE A DIFFERENT CHILD”
~ Dr. Stuart Shanker

When kids exhibit challenging behaviour we can be "STRESS DETECTIVES"... finding and removing barriers.

- Find stressors → Reduce them
- Find unmet needs → Meet them
- Find skills deficits → Teach them